

# Egg Freezing

Egg freezing is an established, common and well advertised fertility procedure involving patients collecting and freezing their eggs to use at a later date. Most fertility clinics offer egg freezing services including treatment and storage options as does Demeter Fertility. We work with patients for both medical and 'social' egg freezing and can accommodate tight time constraints if required.

## Medical Egg Freezing

Medical egg freezing is indicated when there is history of sexual intercourse without pregnancy, test results which indicate fertility 'issues' like PCOS or abnormal AMH or fertility preservation being undertaken for reason such as cancer treatment.

## Social Egg Freezing

'Social' egg freezing is the colloquial term given to women who 'opt' to freeze their eggs as a way of preserving their options to get pregnant later in life but with no medical reason begin the decision. For example, women who feel they aren't ready to have kids now but want the option later.

## What steps are involved?

At Demeter Fertility, we are dedicated to helping you take control of your fertility journey, the process for egg freezing is generally straight forward and is undertaken in four main steps.

- **Attend a specialist consult with one of our doctors** - a GP referral is not essential but is highly recommended.
- **Undergo testing and discuss results** - the outcome of some results can impact whether or not your treatment is considered medical or 'social' egg freezing.
- **Develop a treatment plan with your doctor** - how many cycles are recommended, what medications will you take, when will you start?
- **Store your eggs until you're ready** - our embryologists freeze all suitable eggs and store them in our on-site cryoincubators at a annual cost.

## Costs

Treatment cost can vary from patient to patient and depends on your eligibility for a medicare rebate. 'Social' egg freezing is not eligible for medicare rebating, this is why it is important to undergo testing first to accurately classify your treatment.

Our one-off cycle cost includes the entire treatment, blood work, ultrasounds, medication and procedure done locally in rooms. No hospital bills or external doctor fees apply if you choose our local option. (I.e. Anaesthetists). There is an ongoing yearly storage fee, one fee covers all of your stored eggs no matter how many cycles.

