

# Over 40's Program

The instance of women choosing to have children later in life is growing exponentially and makes up a significant percentage of fertility treatment cycles in Australia\*; a percentage that will likely get higher as access to treatment becomes easier for women.

Some states and many clinics have strict age restrictions around who is allowed to access certain information and treatment options. At Demeter Fertility we not only have no barriers to entry but we have also curated specialised programs and approaches for women over 40.

## What sets us apart?

Demeter Fertility offers a proactive and holistic approach to fertility and IVF for women in their mature fertile years, combining medical and scientific approaches with diet and supplement advice. No two patients or cycles are the same and there are numerous approaches that can be taken to support women in their 40s undergoing fertility treatment, outside of standard IVF treatments. All of which, our IVF team can explore with you.



## Our Success Rates

Our success rates are **among the world's best** for women in this age group. As women age, chances of pregnancy decrease, but Demeter aims to maximise these chances while being transparent about your chances.

On average, a 40 year-old has a 1 in 12 chance of conceiving naturally. But this can drop to a 1 in 800 chance as you approach 45. Deteriorating egg quality increases the chance of pregnancy complications and birth defects, so working with the professional and specialist IVF team at Demeter Fertility can ensure you are more in control of your treatment and outcomes.

## What's next?

Building a family can be a complex journey, but you don't have to navigate it alone. Undergoing treatment over the age of 40 is a complex undertaking and requires a dedicated, knowledgeable and empathetic team. The team and specialists at Demeter Fertility strive to ensure you are not going through this alone.

Make an appointment with a fertility specialist at Demeter Fertility to find out more about the Over 40s Program.

\*The average age of female patients undergoing autologous and recipient cycles in 2020 was 35 years, with one in four (25.9%) aged 40 years or older. Assisted reproductive technology in Australia and New Zealand 2020, National Perinatal Epidemiology and Statistics Unit (NPESU), UNSW