

Standard IVF/ICSI/Freeze Cycle with Demeter

REACH OUT

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All information in the timeline below is approximate and relevant to a standard treatment cycle, your cycle may vary based on your situation and discussed with you prior.

Cycle Start

Day 1

Call the admin team to notify of your first day of your period (if over the weekend, call first thing Monday). You will already have your medication ready to go.



Day 8

Attend your first ultrasound at one of our clinics (or an external clinic if discussed with you).

Day 2-5

Start your medications as outlined on your monitoring form. This is usually an injection in the morning.

Day 7-10

Continue your medications and ultrasounds as discussed throughout your treatment.

Our monitoring team are looking at the growth of your follicles, expected at 1-2mm a day and your hormone levels to track your ovulation and determine when you are going to release an egg.

Day 10-14

When your results reflect desired parameters our monitoring team will tell you to trigger.

Take your trigger medication as directed, generally 36-38hrs prior to an egg collection (i.e. 8pm for an 8am collection).

Payment is due at this time.

Egg Collection & Freeze

(For local) Your egg collection will take place in the morning at one of our clinics, take pain medication 30 mins prior.

The procedure takes approximately 15minutes, with a rest and recovery of 30-60 minutes after. We recommend someone is available to take you home.

Sperm sample is collected after this procedure if applicable. You will start different medication from today.

If you are freezing your eggs or embryos your cycle ends here.

You will be contacted the next day to discuss the outcome of your collection.

Embryo Transfer

The monitoring team will book your transfer 3-5 days after your collection and notify you of the time. This is a short 5-10 minute procedure and does not require pain medication.

Day 28

Pregnancy Test. Using the request form provided to you, do your blood test first thing in the morning and our monitoring team will call you as soon as results are in.

If positive we'll book you for a pregnancy scan at 6 weeks. If negative you can wait for a bleed and start again or have a break. Don't stop medication until advised.

A 'trigger' helps to time when you will ovulate meaning we know when to collect a mature egg.