

# Fertility Treatment after ORT

## The process at Demeter

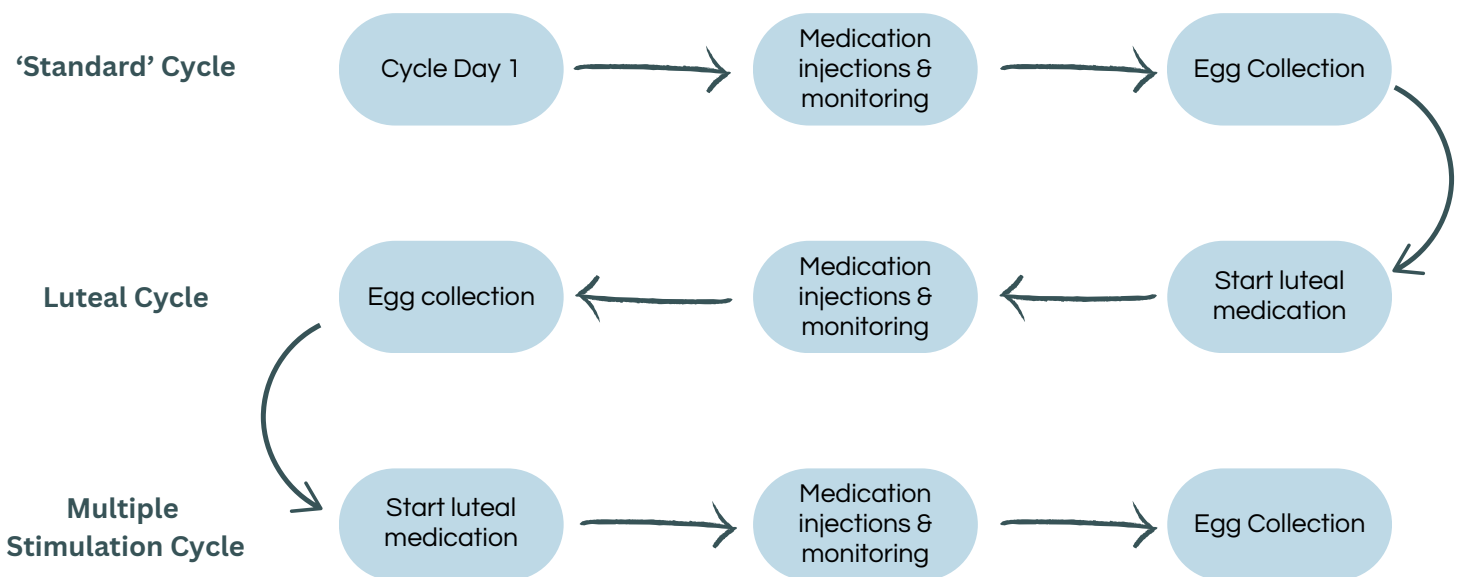
According to Ovarian Rejuvenation/PRP research the most successful window for fertility treatment is in the 3 months immediately following the ORT (PRP) procedures. Dr Knight encourages patients to commence fertility treatment from your next menstrual cycle the month following the last PRP procedure in order to maximise your chances.

With this in mind, Dr Knight has revolutionised an approach to fertility treatment by formulating a protocol that allows for more than one egg collection per cycle.

This treatment approach is referred to at Demeter as Multi-Cos (multiple-cycle ovarian stimulation). The aim of this is to undertake 2-3 egg collections per month repeating the process for 3-6 months, as long as the PRP remains active in the ovaries and for as long as you are comfortable.

For this you will be using stimulation medications daily and be required to undertake ultrasound scans every few days like in a standard IVF cycle, but with the potential to have an egg collection every 1-2 weeks.

Because of the back to back egg collections within the same menstrual cycle, your body won't enter the correct hormonal phase for an embryo transfer, so any eggs collected or embryos created from these collections will be frozen and stored for a frozen embryo transfer at a later date.



You will undergo a maximum of 3 collections in succession in a multi-cos cycle in order to give your body (and mind) a break from the process.

If at any point you don't want to continue to another egg collection, you can opt to cancel. If you cancel after an egg collection and before you start luteal medications there is no charge.

After your third egg collection, you can decide between doing another mutli-cos cycle when you get your next period, or prepared for a frozen embryo transfer with any of your frozen embryos.

## Costs

The total for round one in your Multi-Cos cycle is a standard IVF/ICSI fee of approximately \$9500-\$11,000 depending on specifics of your treatment. On beginning the Multi-Cos process there is an upfront payment of \$1985 with the remainder due prior to egg collection.

Subsequent cycle costs may be lower, anywhere from about \$8000-\$11000. These costs are lower in order to reduce your out of pocket amounts due to the short time frames, it is expected your out of pocket amounts for the subsequent cycles to be approximately \$1500-\$1800.

For full-fee cycle costs it is expected you will receive a medicare rebate of approximately \$4000-\$6000, this is processed the day of your egg collection and rebates are expected within 48-hours.

If there are no eggs collected during you egg collection, your overall cycle fee is reduced significantly and we can organise a refund of the remaining amount or keep this on your account as credit towards future payments.

## FAQs

1. How many procedure are recommended?

Three (3) Ovarian PRPs are recommended in a 2-3 month span to see optimal results.

2. Can I just do one PRP?

Yes, you can do as many or as few as you would like but research suggests 3 in the recommended time frame is optimal.

3. Can I space out the PRPs?

Yes, you can undergo your treatment how you would like, but we will always recommend the optimal timeframe.

4. When should I do fertility treatment after I finish the PRPs?

It is recommended to do as many egg collections in the three months following the last PRP, for more information on cycling post ORT please contact our admin team.

5. Can I try naturally after PRPs?

It may be possible, however your doctor will recommend what is most relevant to your situation.

6. Can I have all my PRPs under local anaesthetic?

No, the initial PRP will always be under general anaesthetic as the first surgery requires more precision and access to your ovaries.

7. Is the procedure covered by medicare?

There is a small rebate associated with the initial procedure however medicare does not cover any follow up procedures.

8. Is the procedure covered by my healthfund?

You may be covered for some of the initial procedure, hospital fees and anaesthetic but you will need to check directly with your fund.