

Puregon

Store Puregon in a fridge between 2-8 degrees, if you are transporting your medication keep it in a cool bag with an ice pack and put it in the fridge as soon as possible. Once opened you can only use each pen within 28 days. Ensure the pen is within the expiry date.

Checklist

Puregon pen (Empty) in storage case
Puregon cartridges with micro needles in the same box.

- Unscrew the cartridge holder from the pen and insert your prescribe dosage cartridge
- The black rod must press against the rubber piston on the cartridge. Make sure no gap is left and the arrow at the end of the cartridge holder points to the middle of the yellow alignment mark at the end of the pen body.
- Reattached the cartridge holder
- Screw needle head onto the pen
- Turn the dose dial until the dot sits beside the dose you have been prescribed. If you go past your dose, wind the pen to the end (highest dose) to release and allow you to wind the pen to start again without losing any medication.
- Prepare your chosen injection site with an alcohol wipe to sterilise
- Pinch a small section of your injection site and push the needle into your skin
- Release your pinch and gently push down on the dose button as far as it goes and hold still for 5 seconds
- Pull the needle out from your skin
- Check the dose window shows 0
- Remove the needle cap from your pen and place the lid back onto it, dispose of the needle in a sharps bin provided
- Replace the pen cap

You can find more information [here](#) if required.